

Trudon (Pty) Ltd
Publishers of the Yellow Pages
24 South Boulevard
Block F, Eastgate Office Park
Bruma, Johannesburg, Gauteng
Tel: (+27) 011 877 6000
Customer Care: 0860 YELLOW (086 093 5569)

Yellow Pages



Owned by Trudon.



Athletics South Africa
Athletics House
No 3, 11th Avenue
Houghton Estate,
Johannesburg, Gauteng
Tel: (+27) 011 880 5800 • Fax: (+27) 011 442 3091
website: www.athletics.org.za



**YELLOW PAGES SUMMER SERIES I
COETZENBURG STADIUM
STELLENBOSCH**

RESULTS

High Jump

Sen Women Time :05:44

Heat:1

1	152 BRONN CARLA	UWC	1.65
2	151 DU PLESSIS MARCELLE	MATI	1.55
3	131 ZEELIE CHANTE	MATI	1.45
	120 PRETORIUS MARILIZE	BEC	NM

Pole Vault

Sen Women Time :19:09

Heat:1

1	144 GILIOMEE NADIA	PAAR	3.15
2	142 KOZAIN TAAHIRA	PAAR	3.15
3	260 OBERMEYER NATASHA	PARL	2.80
	145 VOS MAR-LEZE	PAAR	NM
	143 GAIDIEN KULTHOOM	PAAR	NM
	102 STANDER JANITA		NM
	101 HONORATA SAAR		NM

600 meter

Sen Women Time :04:51

Heat:1

1	110 WICKSEL STEPHANI	TUKS	01:42.49
2	137 ASSAM ANUSCHKA	MUST	01:46.30
3	136 SEDDON CAYLA	MUST	01:53.14
4	138 NDUZUNGE ZENANDE	MUST	01:55.22

600 meter

Sen Men Time :05:04

Heat:1

1	70 VAN RENSBURG RYNHARD	KOVS	01:20.88
2	76 WRIGHT DOUGAN	UJ	01:21.88
3	32 MATTHEE MARCO	TUKK	01:22.41
4	71 VISSER DEAN	IND	01:25.09
5	83 ISAACS JODY	UWC	01:25.17
6	206 JOHAN BURGER	NMMU	01:29.87
7	45 DLOVA LUXOLO	MUST	01:32.59
8	41 JONAS TRISTAN	MUST	01:34.37
9	207 NICOL COETZE	FRAM	01:39.71
	75 PRESENTS HILTON	UWC	DNS

300m Hurdles 0,762m Sen Women Time :05:09

Heat:1

1	109 SENEKAL JEAN-MARIE		43.18
2	134 GODDARD MEGAN	MATI	45.29
3	202 GUSTAFSON MARIA	SWED	46.00
4	118 DOLLER GERALDINE	BEC	48.81

5 201 SERENHOV MADELIENE

SWED 53.48

60 meter Sen Women Time :05:31

Heat:1 Wind : 0.0

1	211 CUPIDO TAMRYN		7.89	Q
2	115 BOTHA KERIKE	BEC	8.16	Q
3	210 ANNA SUNNEBORN	SWED	8.30	
4	148 SWARTS SHANICE		8.57	
	135 ROELOFSE JUNE	MATI	DNS	
	158 MOONSAMY KIM	UWC	DNS	
	153 GARDINER STACEY	UWC	DNS	
	114 VAN NIEKERK IZAAN	BEC	DNS	

60 meter Sen Women Time :05:31

Heat:2 Wind : 0.0

1	150 STEWART CINDY	NMMU	7.57	Q
2	108 VAN DER MERWE PHILIPPA		7.72	Q
3	155 MAY COLLEEN	UWC	8.14	
4	117 WESSELS RITA	BEC	8.64	
5	119 VNA DER WESTHUIZEN ZANDRI	BEC	8.98	
6	139 VAMBE HLONELA	MUST	9.38	
	159 DE VRIES DOHNELEY	UWC	DNS	
	160 LIEBENBERG ANRUNE	MATI	DNS	

60 meter Sen Women Time :05:31

Heat:3 Wind : 0.0

1	154 ROMAN BERNICE	UWC	7.72	Q
2	161 HAYES ILSE	MATI	7.88	Q
3	132 WELSCH STACEY	BELV	7.95	q
4	124 O'NEILL ROBYN	AGN	7.96	q
5	134 GODDARD MEGAN	MATI	8.19	
6	112 STRAUSS VEROESHKA	BEC	8.32	
7	141 GIBBONS JACQUALINE	MUST	8.54	
	128 VAN RENSBURG MERISSA	MUST	DNS	

60 meter Sen Men Time :05:52

Heat:1 Wind : 0.0

1	3 FORTUIN HEINRICH	MATI	6.93	Q
2	13 MULLINS SERGIO	EP	7.02	q
3	82 CAMERON CURT	UWC	7.06	
4	46 FOLEY AVANDA	MUST	7.18	
5	89 ARENDSE MARVIN	UWC	7.18	
6	28 STEYN RYNO	BAC	7.24	
7	44 JACOBS ASHWIN	MUST	7.49	
8	27 VAN GRAAN OOSTWALD	BAC	7.56	

60 meter Sen Men Time :05:52

Heat:2 Wind : 0.0

	68 POOLE DAMIEN	MATI	DNS	
1	209 JULIUS LEIGH	NMMU	6.79	Q
2	35 ALKANA ANTONIO	BELL	6.82	q
3	38 VAN DALEN WALDIE	TUKS	7.08	
4	97 UDU PASCAL	INDI	7.20	
5	67 ARNOLD AAQIB	MATI	7.22	
6	21 WEIDTS D	SPRI	7.35	
7	22 COETZEE WILLIAM	SPRI	7.49	

60 meter Sen Men Time :05:52

Heat:3 Wind : 0.0

	62	PHILANDER VIRGIL	MATI	DNS	
1	33	VAN WYK JOHAN		7.15	Q
2	23	GEDULD M	SPRI	7.22	
3	69	DARRIES QIYAAM	MATI	7.46	
4	95	VAN DER MERWE FANIE	MATI	7.55	
5	40	ADANS DAYNE	MUST	7.83	
6	19	GRASSER K	SPRI	7.94	

60 meter Sen Men Time :05:52

Heat:4 Wind : 0.0

	47	PARSOTHAM NEREEEN	MUST	DNS	
	43	MOLLENGOANE AZOLA	MUST	DNS	
1	81	STEVENS BRENT	UWC	6.86	Q
2	91	NTUTU JONATHAN	MATI	7.12	
3	2	DUCKITT WILLIAM	MATI	7.15	
4	29	ACKERMAN HANNO	TUK	7.23	
5	26	DE BRUYN JACQUES	BAC	7.40	
6	16	VAN DEN HEEVER M	SPRI	7.73	

60 meter Sen Men Time :05:52

Heat:5 Wind : 0.0

	61	WILSON WOODROW	MATI	DNS	
	17	ARENDSE A	SPRI	DNS	
	1	ARENZ GARTH	MATI	DNS	
1	78	MOTSAU ASHFORD	KOVS	6.92	Q
2	30	TRUTER PIERRE	TUK	6.94	q
3	94	BUIS DYAN	MATI	7.36	
4	42	ADAMS DYLAN	MUST	7.66	
5	24	BROWN K	SPRI	7.95	

150 meter Sen Women Time :18:17

Heat:1 Wind : 0.0

	159	DE VRIES DOHNELEY	UWC	NM	
	114	VAN NIEKERK IZAAN	BEC	DNS	
	103	NEUHOF IZELLE		DNS	
1	109	SENEKAL JEAN-MARIE		18.98	Q
2	161	HAYES ILSE	MATI	19.25	
3	115	BOTHA KERIKE	BEC	19.94	
4	147	ABEL AMY	MATI	21.05	
5	148	SWARTS SHANICE		21.16	

150 meter Sen Women Time :18:17

Heat:2 Wind : 0.0

	158	MOONSAMY KIM	UWC	DNS	
1	104	VAN DER MERWE SONJA	TYGE	18.12	Q
2	150	STEWART CINDY	NMMU	18.15	q
3	111	HUFKIE TASQUANE	BEC	19.03	q
4	113	STRAUSS DENIELLE	BEC	19.38	
5	146	SLINGER LEAH	MATI	19.46	
6	160	LIEBENBERG ANRUNE	MATI	20.03	
7	119	VNA DER WESTHUIZEN ZANDRI	BEC	21.83	

150 meter Sen Women Time :18:17

Heat:3 Wind : 0.0

	157 SAMPSON KATHLEEN	UWC	DNS	
	153 GARDINER STACEY	UWC	DNS	
1	108 VAN DER MERWE PHILIPPA		18.42	Q
2	105 VAN WYK ALET	TYGE	18.88	q
3	110 WICKSEL STEPHANI	TUKS	19.17	
4	124 O'NEILL ROBYN	AGN	19.3	
5	141 GIBBONS JACQUALINE	MUST	20.72	
6	123 VAN COLLER ELNE	BEC	20.94	

150 meter Sen Women Time :18:17

Heat:4 Wind : 0.0

	128 VAN RENSBURG MERISSA	MUST	DNS	
1	154 ROMAN BERNICE	UWC	18.67	Q
2	132 WELSCH STACEY	BELV	19.07	q
3	155 MAY COLLEEN	UWC	19.48	
4	116 VAN NIEKERK MARCIA	BEC	19.81	
5	121 SNYMAN ELAINE	BEC	21.06	
6	120 PRETORIUS MARILIZE	BEC	21.90	
7	139 VAMBE HLONELA	MUST	23.77	

150 meter Sen Men Time :18:39

Heat:1 Wind : 0.0

1	67 ARNOLD AAQIB	MATI	16.91	Q
2	89 ARENDSE MARVIN	UWC	16.95	
3	95 VAN DER MERWE FANIE	MATI	17.49	
4	27 VAN GRAAN OOSTWALD	BAC	17.79	
5	42 ADAMS DYLAN	MUST	18.20	
6	20 DICK M	SPRI	18.67	
	6 SISHI SIBUSISO	MATI	DNS	

150 meter Sen Men Time :18:39

Heat:2 Wind : 0.0

1	91 NTUTU JONATHAN	MATI	16.90	Q
2	62 PHILANDER VIRGIL	MATI	17.05	
3	26 DE BRUYN JACQUES	BAC	17.44	
4	44 JACOBS ASHWIN	MUST	17.88	
	94 BUIS DYAN	MATI	DNS	
	21 WEIDTS D	SPRI	DNS	
	5 DE JAGER SHAUN	MATI	DNS	
	1 ARENZ GARTH	MATI	DNS	

150 meter Sen Men Time :18:39

Heat:3 Wind : 0.0

1	81 STEVENS BRENT	UWC	15.80	Q
2	35 ALKANA ANTONIO	BELL	15.84	q
3	78 MOTSAU ASHFORD	KOVS	16.39	q
	46 FOLEY AVANDA	MUST	DNS	
	34 LE ROUX NEIL	BELL	DNS	
	16 VAN DEN HEEVER M	SPRI	DNS	
	15 GORRIES PAUL	MR.	DNS	

150 meter Sen Men Time :18:39

Heat:4 Wind : 0.0

1	30 TRUTER PIERRE	TUK	16.36	Q
2	14 HARMSE CHE	EP	16.55	

3	82 CAMERON CURT	UWC	16.84
4	23 GEDULD M	SPRI	16.87
5	69 DARRIES QIYAAM	MATI	17.53
6	204 DYLAN MALOY		19.09
	37 FLAGG JADEN	STRA	DNS
	17 ARENDSE A	SPRI	DNS

150 meter Sen Men Time :18:39

Heat:5 Wind : 0.0

1	3 FORTUIN HEINRICH	MATI	16.24	Q
2	61 WILSON WOODROW	MATI	16.47	
3	92 LANGENHOVEN HILTON	MATI	16.92	
4	2 DUCKITT WILLIAM	MATI	16.99	
5	22 COETZEE WILLIAM	SPRI	18.11	
6	93 STANDER MARIUS	MATI	18.12	
	47 PARSOTHAM NEREEEN	MUST	DNS	
	24 BROWN K	SPRI	DNS	

150 meter Sen Men Time :18:39

Heat:6 Wind : 0.0

1	8 CONRADIE PIETER	TUK	16.89	Q
2	29 ACKERMAN HANNO	TUK	17.46	
	96 BEDFORD FADL	INDI	DNS	
	88 HENDRIKS WESLEY	UWC	DNS	
	68 POOLE DAMIEN	MATI	DNS	
	40 ADANS DAYNE	MUST	DNS	
	18 VRIES M	SPRI	DNS	

3 km Walk Sen Men Time :19:01

Heat:1

1	216 FOSTER ALEX	MATI	15:28.24
2	215 KOTZE INGE	PUK	16:18.60
3	212 KOTZE FRANS	PARL	16:19.15
4	900 VAN ZYL JOHAN	BAK	16:33.00

Long Jump Sen Men Time :19:54

Heat:1

1	50 MANYONGA LUVU	MATI	8.07	1.4
2	52 VISSER ZARK	UJ	7.52	1.5
3	7 PRETORIUS CONSTAND	AFFI	6.97	2
4	48 DAILE LITHENBA	MUST	6.22	-0.8
5	24 BROWN K	SPRI	6.18	1.8
	43 MOLLENGOANE AZOLA	MUST	NM	0
	82 CAMERON CURT	UWC	NM	0
	83 ISAACS JODY	UWC	NM	0

Long Jump Sen Women Time :20:44

Heat:1

1	107 JOSEPHS JANICE	MATI	6.52	-1.2
2	156 DIRK NICOLE	UWC	5.31	-0.8
3	211 CUPIDO TAMRYN		5.24	-2.7
4	135 ROELOFSE JUNE	MATI	4.93	-1.2
5	214 VAN DER MERWE MARINE	MUST	4.66	-0.6
6	213 VAN DER MERWE SIMONE	MUST	4.57	-2.2
7	117 WESSELS RITA	BEC	4.46	-0.9
	129 VAN RENSBURG MARUSKA	MUST	NM	0

128 VAN RENSBURG MERISSA	MUST	NM	0
122 VAN COLLER ELANI	BEC	NM	0
106 DA ROCHA VALENTINA		NM	0

High Jump Sen Men Time :20:09

Heat:1

1	86 RUITERS CLYDE	UWC	2.05
2	73 NKEWU LUVU	MATI	2.00
3	220 FISHER MAURICE	IND	2.00
	74 BLOWS SHANE	MATI	NM
	51 FOURIE KEEGAN	MATI	NM

Hammer 7,260kg Sen Men Time :20:15

Heat:1

1	53 HARMSE CHRIS	AVT	71.69
2	54 KRUGER JOHAN	MATI	60.8
3	55 FRECHOU RENALDO	PAAR	55.71
	72 LE ROUX MIGUEL		NM

Hammer 4,000kg Sen Women Time :20:26

Heat:1

1	162 LE ROUX KARIN	MATI	53.22
2	125 COETZEE MARLIZE	BELV	46.45
3	140 COETZEE CHENE	MUST	39.06
4	126 GROBBELAAR ELIZE	BELV	18.19
5	218 DU TOIT ALETTA	BELL	15.90

Pole Vault Sen Men Time :19:36

Heat:1

1	10 SMIT HEINRICH		4.80
	59 DE SWARDT JUAN	PAAR	NM
	58 VAN DER WESTHUIZEN BEN	PAAR	NM
	57 GILDENHUYS DIRK	MATI	NM
	56 BURGER JF	MATI	NM
	9 VAN WYK RUAAN	MATI	NM

60 meter Sen Men Time :19:17

Heat:1 Wind : 0.0

1	81 STEVENS BRENT	UWC	6.77
2	209 JULIUS LEIGH	NMMU	6.78
3	78 MOTSAU ASHFORD	KOVS	6.83
4	35 ALKANA ANTONIO	BELL	6.84
5	13 MULLINS SERGIO	EP	6.91
5	30 TRUTER PIERRE	TUK	6.91
7	3 FORTUIN HEINRICH	MATI	6.96
	33 VAN WYK JOHAN		DNS

60 meter Sen Women Time :19:20

Heat:1 Wind : 0.0

1	150 STEWART CINDY	NMMU	7.50
2	108 VAN DER MERWE PHILIPPA		7.66
3	154 ROMAN BERNICE	UWC	7.71
4	161 HAYES ILSE	MATI	7.92
5	132 WELSCH STACEY	BELV	8.00
6	211 CUPIDO TAMRYN		8.02
7	124 O'NEILL ROBYN	AGN	8.06

8 115 BOTHA KERIKE BEC 8.19

1500 meter Sen Women Time :19:31

Heat:1

1	149 CONRAD NOLENE	UJ	04:33.36
2	127 KALMER CHRISTINE	CGA	04:37.99
3	130 JACOBS SUNEL	MATI	04:42.40
4	205 ANNICA COETZEE	NMMU	04:53.15
5	219 KLOPPERS ANNEI	MATI	05:07.61

300 meter Sen Men Time :19:51

Heat:1

1	208 VAN NIEKERK WADE	KOV	33.32	1
2	5 DE JAGER SHAUN	MATI	33.64	2
3	61 WILSON WOODROW	MATI	35.02	
4	6 SISHI SIBUSISO	MATI	35.03	
5	85 VISSER ANRICH	UWC	35.67	
6	95 VAN DER MERWE FANIE	MATI	37.48	
7	71 VISSER DEAN	IND	37.90	
	78 MOTSAU ASHFORD	KOVS	DNS	

300 meter Sen Men Time :19:51

Heat:2

1	4 VICTOR SHANE	KZN	34.03	3
2	87 BOCK LEROY	UWC	35.07	
3	38 VAN DALEN WALDIE	TUKS	35.46	
4	92 LANGENHOVEN HILTON	MATI	35.92	
5	39 LANGENHOVEN HERMAN	MATI	36.48	
	91 NTUTU JONATHAN	MATI	DNS	
	30 TRUTER PIERRE	TUK	DNS	
	23 GEDULD M	SPRI	DNS	

300 meter Sen Men Time :19:51

Heat:3

1	8 CONRADIE PIETER	TUK	34.53
2	80 NDLOVU RODWELL	UWC	34.56
3	25 JACOBS TIAAN	BAC	38.07
4	93 STANDER MARIUS	MATI	39.15
	96 BEDFORD FADL	INDI	DNS
	88 HENDRIKS WESLEY	UWC	DNS
	37 FLAGG JADEN	STRA	DNS
	84 SCHEFFERS LAYNE	UWC	DNS

300 meter Sen Women Time :19:57

Heat:1

1	160 LIEBENBERG ANRUNE	MATI	42.75
2	116 VAN NIEKERK MARCIA	BEC	44.21
3	121 SNYMAN ELAINE	BEC	45.34
4	123 VAN COLLER ELNE	BEC	45.66
	122 VAN COLLER ELANI	BEC	DNS

300 meter Sen Women Time :19:57

Heat:2

1	104 VAN DER MERWE SONJA	TYGE	39.01	1
2	105 VAN WYK ALET	TYGE	39.86	2
3	133 LAWLESS JANET	MATI	40.49	3

161 HAYES ILSE	MATI	DNS
103 NEUHOF IZELLE		DNS

150 meter Sen Men Time :20:08

Heat:1 Wind : 0.0

1	81 STEVENS BRENT	UWC	15.94
2	35 ALKANA ANTONIO	BELL	15.99
3	78 MOTSAU ASHFORD	KOVS	16.03
4	3 FORTUIN HEINRICH	MATI	16.35
5	30 TRUTER PIERRE	TUK	16.41
6	8 CONRADIE PIETER	TUK	16.85
7	67 ARNOLD AAQIB	MATI	17.04
8	91 NTUTU JONATHAN	MATI	17.11

150 meter Sen Women Time :20:13

Heat:1 Wind : 0.0

1	150 STEWART CINDY	NMMU	17.91
2	108 VAN DER MERWE PHILIPPA		18.21
3	104 VAN DER MERWE SONJA	TYGE	18.27
4	154 ROMAN BERNICE	UWC	18.70
5	109 SENEKAL JEAN-MARIE		18.79
6	111 HUFKIE TASQUANE	BEC	19.11
7	132 WELSCH STACEY	BELV	19.30
8	105 VAN WYK ALET	TYGE	19.66

60m Hurdles 1,067m Sen Men Time :20:24

Heat:1 Wind : 0.0

1	11 SMIT LOUW	MATI	8.17
1	35 ALKANA ANTONIO	BELL	8.17
3	12 VILJOEN DRIKUS	MATI	8.41
4	28 STEYN RYNO	BAC	8.64
5	60 MORRIS GARY	MATI	8.71
6	84 SCHEFFERS LAYNE	UWC	8.84
	32 MATTHEE MARCO	TUKK	DNS
	34 LE ROUX NEIL	BELL	DNS

60m Hurdles 0,84m Sen Women Time :20:27

Heat:1 Wind : 0.0

1	112 STRAUSS VEROESHKA	BEC	9.06
2	133 LAWLESS JANET	MATI	9.52
3	118 DOLLER GERALDINE	BEC	9.63
4	135 ROELOFSE JUNE	MATI	11.10
	113 STRAUSS DENIELLE	BEC	DNS

300m Hurdles 0,914m Sen Men Time :20:36

Heat:1

1	7 PRETORIUS CONSTAND	AFFI	37.65
2	87 BOCK LEROY	UWC	37.69
3	49 RETIEF FRANCOIS	MATI	38.32
4	39 LANGENHOVEN HERMAN	MATI	38.63
5	84 SCHEFFERS LAYNE	UWC	40.04
	36 OOSTHUIZEN NICOLAAS	MATI	DNS
	25 JACOBS TIAAN	BAC	DNS
	34 LE ROUX NEIL	BELL	DNS

Mile Sen Men Time :20:46

Heat:1

1	77 CRONJE JOHAN	KOVS	04:13.78
2	70 VAN RENSBURG RYNHARD	KOVS	04:20.73
3	100 KLEINSMIDT MICHAEL	ASIC	04:21.31
4	31 PIETERSE EMILE	MATI	04:24.99
5	79 PHILANDER DWAYNE	UWC	04:27.17
6	98 NERO JAN	MATI	04:51.08
	99 FORTUIN DUANE	MATI	DNS
	90 BEUKES KALEB	UWC	DNS

4 x 100 meter

Sen Men Time :20:56

Heat:1

1		MADIBAS	41.26
	0		
	0		
	0		
	0		
2		MATIES A	42.72
	0		
	0		
	0		
	0		
3		MATIES B	43.83
	0		
	0		
	0		
	0		
4		UWC	44.03
	0		
	0		
	0		
	0		
5		BLOEMFONTEIN EAC	44.19
	0		
	0		
	0		
	0		
6		MATIES C	44.27
	0		
	0		
	0		
	0		
7		SPRINGBOK	45.34
	0		
	0		
	0		
	0		
8		MUSTANGS	46.96
	0		
	0		
	0		
	0		