



YELLOW PAGES SERIES III
KENNETH McARTHUR STADIUM
Potchefstroom
Thursday, 04 March 2010



Results

<u>Place</u>	<u>First Name</u>	<u>Surname</u>	<u>Team</u>	<u>Perform</u>	<u>Wind</u>
Item	1	3km Walk Women	17:30		
1	CORLI	SWART	PUKKE	14:10.16	
2	NOMSA	BUTHELEZI	CGA	14:10.25	
3	MICHELLE	HOPKINS	UJ	15:10.04	
4	LARISHA	ERASMUS	POTCHG	15:52.72	
5	SUZANNE	LIEBENBERG	PUKKE	15:58.77	
0	ADA	BOOYENS	UJ	DNR	
0	GONTSE	NKOANE	TUT	DNR	
0	INGE	KOTZE	STAND	DNR	
Item	2	Triple Jump Women	17:30		
1	PATIENCE	NTSHINGILA	PUKKE	13.07	+1.1
2	CINDY	PETERS	UJ	12.85	+0.8
3	MATSI	DIKOTLA	UJ	12.34	+0.5
4	LUHELLE	PRINSLOO	PUKKE	12.07	+0.5
5	BIANCA	ERWEE	PUKKE	11.88	+0.9
6	MICHELLE	CORNELIUS	TUKS	11.39	+1.3
7	MAGDA	DU PLESSIS	PUKKE	11.37	+1.1
0	YOLANDI	MEYER	TUKS	DNR	
0	CHARLENE	HENNING	KOVSIE	DNR	
0	DANELLE	FOURIE	UJ	NRA	
0	KELLY	KINGWELL	UJ	NRA	
Item	3	High Jump Women	17:45		
1	MARCOLEEN	PRETORIUS	PUKKE	1.83	
2	RENE	OOSTHUIZEN	TUKS	1.70	
3	JUNE	ROELOFSE	TUKS	1.70	
4	SELLOANE	TSOAELI	LESOTH	1.70	
5	CARINA	DU PREEZ	UJ	1.65	
6	C	LINDNER	PUKKE	1.65	
7	JANETTE	SIEBERT	KOVSIE	1.65	
Item	4	3km Walk Men	17:50		
1	CHRISTOPHER	LINKE	GERMAN	11:49.10	
2	MARC	MUNDELL	TUKS	12:29.59	
3	PIERRE	DE VILLIERS	UJ	12:33.98	
4	WAYNE	SNYMAN	TUKS	12:57.42	
5	SIPHO	MAHLANGU	TRANS	13:13.79	
6	WERNER	APPEL	UJ	13:20.29	
7	MOJAFELA	MOLISI	VUT	13:31.49	
8	JANDRE	BOTES	VOLKS	13:46.45	
9	JAQUES	FAURE	TUKS	14:43.92	
0	JOHN	NDALA	CGA	DNR	
0	THAMI	HLATWAYO	TRANS	DNR	

Item	5	Shotput Women	18:00	
1		BIANCA VAN ROOYEN	UJ	14.01
2		ALLANAH CRAWFORD	RBAC	13.28
3		SONIA SMUTS	TUKS	13.20
4		SONNIKA KNOETZE	PUKKE	13.06
5		ELZAAN MOSTERT	UJ	12.57
6		JANET WIENAND	MATIES	11.66
0		CLARINDA SWANEVELDER	UJ	DNR
0		VERONICA ABRAHAMSE	PUKKE	DNR
Item	6	400m Hurdles Men 1st Race	18:05	
1		THABISO KEKANA	TUKS	52.39
2		OKKERT GROENEWALD	TUKS	52.98
3		HARDUS MARITZ	PUKKE	54.12
4		JURIE MOOLMAN	TUKS	54.15
5		DWAYNE STOOP	PUKKE	54.32
6		RELEBOHILE MOSITO	LESOTH	54.70
7		VIAN LOUW	TUKS	55.02
Item	7	800m Men 1st Race	18:10	
1		PHARSON MAGAGANE	LIMP	1:51.66
2		WILLIAM MOTSOHOLA	KOVSI	1:51.79
3		BRAD BONNER	TUKS	1:51.85
4		RATLALE MOKONE	KOVSI	1:52.39
5		RYNHARDY VAN RENSBURG	GREY	1:54.53
6		ANDREW LEEU	UJ	1:54.92
7		ANDREW ROODT	TUKS	1:55.18
8		MARCO BUCCARAZZI	WITS	1:55.32
9		RUDOLF COETZER	UJ	1:55.36
10		BANQOHILE ZULU	PUKKE	1:55.65
11		ZWELAKHE SEBOTO	PUKKE	1:57.34
12		WERNER DU TOIT	UJ	1:57.97
0		THUSO PHASWANA	UJ	NRA
0		PHORISO RATSELA	TAKEIT	DNR
Item	8	400m Men 1st Race	18:15	
1		THAPELO KETLOGETSWE	BOTS	47.25
2		DONALD MATLALA	TUKS	48.08
3		ANDRE HATTINGH	TUKS	48.33
4		MATHUSI KWADI	UJ	48.60
5		HENRI MULLER	PUKKE	49.09
6		ERNST HATTINGH	TUKS	49.56
7		TUMELO RAPHIRI	RBAC	50.52
0		DWAYNE ANDREWS	MONUM	DNR
Item	9	100m Masters Men	18:20	Wind=+0.7
1		SHAUN POWELL	AVT	11.53
2		RIAAAN RANKIN	ACNW	11.92
3		JACO PRETORIUS	ACNW	12.05
4		RUDOLPH BARNARD	ACNW	12.07
5		HERMIE ROSSOUW	ACNW	12.45
6		GANS BARNARD	AGN	12.70
0		COLIN PAGE	CGA	DNR
0		LE-ROY BENOIT	CGA	DNR
0		EDWIN MSHIPA	ACNW	DNR
0		GAWIE LOUW	ACNW	DNR
Item	10	100m Women	18:30	Wind=+1.0

1	CINDY	STEWART	NMMU	11.75
2	THANDI	VILIKAZI	UJ	11.84
3	CARINA	HORN	TUKS	11.91
4	CHRISTY	COETZEE	TUKS	12.01
5	NANDA	SRABANI	INDIA	12.04
6	ARISTA	HEFER	PUKKE	12.07
7	ARLENE	GOWAR	TUKS	12.08
8	NOMULELO	MKENKU	KOVSIE	12.44
9	MELISSA	HEWITT	PAARL	12.46
0	ALYSSA	CONLEY	UJ	DNR

Item 11 Javelin Men 18:30

1	ROBERT	OOSTHUIZEN	MATIES	82.15
2	HARDUS	PIENAAR	TUKS	75.76
3	ULRICH	DAMON	PUKKE	72.54
4	TOBIE	HOLTZHAUSEN	PUKKE	72.39
5	BERNARD	CROUS	PUKKE	70.89
6	PHILMAR	J V RENSBURG	PUKKE	70.12
7	JASON	HENNING	TUKS	66.97
8	DEAN	GOOSEN	HEIDEL	63.42
0	FRANS	HUMAN	KOVSIE	DNR

Item 12 Triple Jump Men 18:30

1	TUMELO	THAGANE	PUKKE	16.54	-0.5
2	ROGER	HAITENGI	UJ	15.75	-0.3
3	BOIPELO	MOTLAHLEGO	TUKS	15.14	+0.2
4	RENEILWE	APHANE	TUKS	15.12	-0.2
5	APELELE	RASMENI	UJ	14.69	+0.4
6	NEO	MARIE	UJ	13.88	-0.7
0	CELEMUSA	MUYENI	TUKS	DNR	
0	DYLAN	COTTER	UJ	DNR	
0	MAURICE	MATHABELA	TUT	NRA	

Item 13 100m Men 1st Race 18:35 Wind=+0.4

1	PATRICK	VOSLOO	PUKKE	10.67
2	MOSITO	LEHATA	LESOTH	10.69
3	MICHAEL	KOCH	RAINBO	10.81
4	LEON	DU TOIT	TUKS	10.89
5	JAN	VAN STADEN	TUKS	10.98
6	JOHANNES	MOSALA	KOVSIE	11.08
7	ANDRE	NEL	PUKKE	11.10
0	LE ROUX	VAN TONDER	UJ	DNR

Item 14 100m Men 2nd Race 18:40 Wind=-0.5

1	SNYMAN	PRINSLOO	UJ	10.56
2	SIMON	MAGAKWE	PUKKE	10.58
3	THUSO	MPUANG	KOVSIE	10.62
4	HANNES	DREYER	TUKS	10.63
5	WAIDE	JOOSTE	UJ	10.68
6	SERGIO	MULLINS	UWC	10.77
7	BRENT	STEVENS	UWC	10.80
8	HITJIVIRUE	KAANJUKA	NAMIBI	10.83
9	ISAAK	VAN WYK	TUKS	10.87
10	ETHAN	FLORIS	MATIES	11.12

Item 13&14 100m Men Combined Results

1	SNYMAN	PRINSLOO	UJ	10.56
2	SIMON	MAGAKWE	PUKKE	10.58
3	THUSO	MPUANG	KOVSIE	10.62

4	HANNES	DREYER	TUKS	10.63
5	PATRICK	VOSLOO	PUKKE	10.67
6	WAIDE	JOOSTE	UJ	10.68
7	MOSITO	LEHATA	LESOTH	10.69
8	SERGIO	MULLINS	UWC	10.77
9	BRENT	STEVENS	UWC	10.80
10	MICHAEL	KOCH	RAINBO	10.81
11	HITJIVIRUE	KAANJUKA	NAMIBI	10.83
12	ISAAK	VAN WYK	TUKS	10.87
13	LEON	DU TOIT	TUKS	10.89
14	JAN	VAN STADEN	TUKS	10.98
15	JOHANNES	MOSALA	KOVSIE	11.08
16	ANDRE	NEL	PUKKE	11.10
17	ETHAN	FLORIS	MATIES	11.12
0	LE ROUX	VAN TONDER	UJ	DNR

Item 15 800m Women 18:50

1	LEBOGANG	PHALULA	UJ	2:05.91
2	MAPASEKA	MAKHANYA	MR.PRI	2:06.62
3	ANUSCHKA	NICE	TUKS	2:07.98
4	MANSIE	BRANDT	UJ	2:08.05
5	ELSIRE	ROOS	BELLVI	2:08.33
6	RENE	KALMER	NEDBAN	2:09.26
7	RONE	REYNECKE	KOVSIE	2:10.62
8	CHANELLE	ANDERSON	MATIES	2:11.17
9	JUANEE	CILLIERS	PUKKE	2:12.34
10	DONE	VERMAAK	TUKS	2:12.99
11	MELISSA	VERMAAK	RENTM	2:14.48

Item 16 Shotput Men 19:00

1	ORAZIO	CREMONA	TUKS	19.26
1	BURGER	LAMBRECHTS	TUKS	19.26
3	ROELIE	POTGIETER	TUKS	19.14
4	JACOB	ENGELBRECHT	UJ	17.71
5	DONOVAN	SNYMAN	UJ	17.52
6	DEAN	WATTRUS	PUKKE	16.75
7	RYNO	VAN WINKEL	KOVSIE	16.58
8	RUSSEL	TUCKER	TUKS	15.67
9	STEPHAN	BRINK	TUKS	15.37
10	CONRADIE	SCHEEPERS	ESKGIJ	15.26
0	WYNAND	COETZEE	UJ	DNR

Item 17 3000m Women 19:00

1	LEBO	PHULULA	UJ	9:13.49
2	RENE	KALMER	NEDBAN	9:26.75
3	IRVETTE	VAN BLERK	NEDBAN	9:29.33
4	THOZAMA	APRIL	TRANS	9:44.80
5	ZINHLE	SINQE	TUKS	9:52.71
6	MAXINE	HEINE-WACKER	NEDBAN	9:57.88
7	IDAH	SIMON	UCKG	9:59.03
8	BIANCA	VAN NIEKERK	NEDBAN	10:00.05
9	MOHO	MABUZA	NEDBAN	10:00.66
10	CARLYN	FISHER	TUKS	10:08.49
11	NOLENE	CONRAD	UJ	10:11.37
12	ONEILWE	DINTWE	NEDBAN	10:12.34
13	THEMBA	BALOYI	TUT	10:15.88
14	MYRETTE	FILMALTER	TUKS	10:16.93
15	ANELDA	PYPERS	UJ	10:21.61
16	LIZIWE	MABONA	TUKS	10:38.14

17	JUAN-MARIE	COOPER	XHOSA	10:42.85
18	ANNIKA	CLAASSENS	UJ	10:50.71
0	LEBOGANG	PHALULA	UJ	DNR
0	ASHLEIGH	SCHNETLER	UJ	DNR
0	TEBOGO	MASEHLA	UJ	DNR
0	PULANE	MOSOME	UJ	DNR
0	T	RAVHANDALALA	TUT	DNR
0	PORTIA	NGWENYA	TUT	DNR
0	MAMIKI	MOTSIRI	TUT	DNR
0	NORE	SIBENELE	TUT	DNR

	Item	18	110m Hurdles Men	19:20		Wind=+1.0
1			ANDRE STORM	PUKKE	13.89	
2			RUAN DE VRIES	TUKS	14.12	
3			LOUW SMIT	MATIES	14.27	
4			JANKO KOTZE	TUKS	14.28	
5			SIDDANTH THINGALAYA	INDIA	14.31	
6			HARDUS MARITZ	PUKKE	14.78	
7			KOBUS MOOLMAN	TUKS	14.79	
8			JACO WILLEMSE	PUKKE	14.83	
9			HENNIE KOTZE	PUKKE	14.84	
10			FRANCIOS VERMAAK	TUKS	17.47	

	Item	19	100m Hurdles Women	19:30		Wind=+1.1
1			JANET WIENAND	MATIES	13.77	
2			RIKENETTE STEENKAMP	TUKS	13.94	
3			ERIKA KLEYNHANS	TUKS	14.36	
4			MARGIT DU PLESSIS	TUKS	14.41	
5			SUNE VAN HUYSSTEEN	TUKS	14.54	
6			SELLOANE TSOALI	LESOTH	15.06	
7			MARIKE WALTERS	MATIES	15.14	
0			CHRISTINE RAS	UJ	DNR	

	Item	20	High Jump Men	19:30		
1			WILLEM VOIGT	TUKS	2.15	
2			HUBERT DE BEER	TUKS	2.15	
3			RUAN CLAASSEN	UJ	2.15	
4			CALVIN MAELENGWAVE	UJ	2.05	
4			JACQUES FREITAG	TUKS	2.05	
4			JP VAN DER SCHYFF	PUKKE	2.05	
7			ZAVION KOTZE	PUKKE	2.05	
8			DAMIEN BOSHOFF	UJ	2.05	
9			T MOSETE	PUKKE	1.90	
9			JONATHAN COETZEE	UJ	1.90	
9			SOLOMON FOURIE	UJ	1.90	
0			DARIUS GOUWS	UJ	DNR	

	Item	21	Long Jump Men	19:30		
1			KHOTSO MOKOENA	TUKS	7.93	+0.1
2			KEENAN WATSON	UWC	7.87	+0.8
3			ZAARCK VISSER	UJ	7.48	+0.4
4			STEFAN BRITS	MATIES	7.39	+0.8
5			LUVO MANYONGA	MATIES	7.38	-1.0
6			DYLAN COTTER	UJ	7.29	+0.5
7			ADEWALE ADEJUMO	UKZN	7.00	+0.1
8			KYLE FORD	RBAC	6.75	-1.1

	Item	22	Javelin Women	19:30		
1			JUSTINE ROBBESON	PUKKE	60.48	

2	SUNETTE	VILJOEN	PUKKE	60.44
3	GERLIZE	DE KLERK	PUKKE	52.52
4	RENCIA	FOURIE	PUKKE	48.28
5	ANZEL	VAN DER SCHYFF	TUKS	46.84
7	GEZELLE	BERNARD	PUKKE	44.54
8	MARTISKA	BOTES	PUKKE	43.40
6	ALLANAH	CRAWFORD	RBAC	41.52

Item 23 400m Women 19:40

1	ESTIE	WITTSTOCK	TUKS	52.81
2	TJIPEKAPORA	HERUNGA	NAMIBI	53.29
3	ALET	VAN WYK	TUKS	54.50
4	EUGENIE	WICKSELL	TUKS	55.22
5	STEPHANIE	WICKSELL	TUKS	56.57
6	JANINE	PIETERSE	PUKKE	59.64
0	KIM	ASH	TUT	DNR
0	DOSEBA	OSIBI	TUT	DNR

Item 24 400m Men 2nd Race 19:50

1	OFENTSE	MOGAWANE	RBAC	45.84
2	SIBUSISO	SISHI	UJ	46.51
3	PIETER	MARX	KOVSIE	47.21
4	SHANE	VICTOR	DUT	47.29
5	WILLIE	DE BEER	TUKS	47.66
6	SIDWELL	MITHI	UJ	47.78
7	JACQUES	DE SWARDT	TUKS	48.11
0	PAUL	GORRIES	MR.PRI	DNF

Item 8&24 400m Men Combined Results

1	OFENTSE	MOGAWANE	RBAC	45.84
2	SIBUSISO	SISHI	UJ	46.51
3	PIETER	MARX	KOVSIE	47.21
4	THAPELO	KETLOGETSWE	BOTS	47.25
5	SHANE	VICTOR	DUT	47.29
6	WILLIE	DE BEER	TUKS	47.66
7	SIDWELL	MITHI	UJ	47.78
8	DONALD	MATLALA	TUKS	48.08
9	JACQUES	DE SWARDT	TUKS	48.11
10	ANDRE	HATTINGH	TUKS	48.33
11	MATHUSI	KWADI	UJ	48.60
12	HENRI	MULLER	PUKKE	49.09
13	ERNST	HATTINGH	TUKS	49.56
14	TUMELO	RAPHIRI	RBAC	50.52
0	PAUL	GORRIES	MR.PRI	DNF
0	DWAYNE	ANDREWS	MONUM	DNR

Item 25 3000m Men 20:00

1	JUAN	VAN DEVENTER	NEDBAN	8:03.90
2	ELROY	GELANT	PUKKE	8:04.50
3	XOLISA	TYALI	NEDBAN	8:08.25
4	ISAAC	MBUYAZE	UJ	8:08.68
5	MOLEFE	MOLEFE	UJ	8:11.91
6	EDWIN	MOLEPO	PUKKE	8:17.66
7	JOEL	MONNE	NEDBAN	8:20.96
8	DEAN	BRUMMER	PUKKE	8:23.97
9	LUCAS	BOTHOBUTLE	PUKKE	8:24.36
10	SEHOHLE	FOLAVIA	NEDBAN	8:27.94
11	ARMIN	BOTHA	UJ	8:28.29
12	PHORISO	RATSELA	TAKEIT	8:34.03

13	DONNY	DANSTER	PUKKE	8:35.83
14	ISMAEL	PHOKWANE	RBAC	8:35.93
15	STOFEL	SEBUASENGWE	MAMUSA	8:36.78
16	PIETER	WILDERS	KEMPIE	8:39.93
17	VUYISILE	TSHOBA	CGA	8:41.44
18	JEAN	BRUMMER	PUKKE	8:43.44
19	NKULULEKO	ZAMISA	TUKS	8:45.30
20	VINCENT	SENG	NEDBAN	8:46.98
21	DIKOTSI	LEKOPA	PUKKE	8:56.43
22	ANTONIE	PEENS	KOVSIE	9:01.89
23	TERENCE	MUKONA	UJ	9:06.88
24	OLWETHU	MHLABA	TRANS	9:37.95
25	LUCKY	THATO	UJ	9:51.20
0	GLADWIN	MZAZI	VUT	DNR
0	SIKHUMBUSO	SEME	TUKS	DNR
0	OLEBOGENG	MASIRE	GOLDF	DNR
0	MTHOMBISIS	BALOYI	PUKKE	DNR
0	ERHARD	WOLFAARDT	PUKKE	DNR
0	MOTSAMAI	MOTONE	TRANS	DNR
0	LUKHANYO	MABINZA	TRANS	DNR
0	MANDLA	MASEKO	TRANS	DNR
0	JOEL	MODIBA	TUT	DNR
0	NTITI	KONANA	ACNW	DNR
0	TUMELO	MOTLAGALE	ACNW	DNR

	Item	26	400m Hurdles Women	20:20		
1			WENDA	THERON	TUKS	58.35
2			JANA	THERON	PUKKE	59.61
3			MARISKA	MEINTJIES	PUKKE	60.80
4			MARLI	SPIES	TUKS	61.39
5			ANNERI	EBERSOHN	KOVSIE	61.40
6			CLAUDINE	ELS	PUKKE	63.98
7			DANELLE	GREEFF	PUKKE	68.11
0			LICINDA	LIEBENBERG	UJ	DNR

	Item	27	400m Hurdles Men 2nd Race	20:30		
1			LJ	VAN ZYL	TUKS	49.50
2			CORNEL	FREDERICKS	MATIES	49.95
3			PIETER	KOEKEMOER	PUKKE	51.20
4			WOUTER	LE ROUX	TUKS	52.63
5			SHAUN	VAN WYK	POTCHG	52.71
6			LE ROUX	HAMMAN	LICHTE	53.01
7			GERT	SWANEPOEL	PUKKE	55.93
0			FRANCIOS	MALAN	TUKS	DNR

	Item	6&27	400m Hurdles Men	Combined Results		
1			LJ	VAN ZYL	TUKS	49.50
2			CORNEL	FREDERICKS	MATIES	49.95
3			PIETER	KOEKEMOER	PUKKE	51.20
4			THABISO	KEKANA	TUKS	52.39
5			WOUTER	LE ROUX	TUKS	52.63
6			SHAUN	VAN WYK	POTCHG	52.71
7			OKKERT	GROENEWALD	TUKS	52.98
8			LE ROUX	HAMMAN	LICHTE	53.01
9			HARDUS	MARITZ	PUKKE	54.12
10			JURIE	MOOLMAN	TUKS	54.15
11			DWAYNE	STOOP	PUKKE	54.32
12			RELEBOHILE	MOSITO	LESOTH	54.70
13			VIAN	LOUW	TUKS	55.02

14	GERT	SWANEPOEL	PUKKE	55.93
0	FRANCIOS	MALAN	TUKS	DNR

Item	28	200m Women	20:40	Wind=-0.8
1	ARISTA	HEFER	PUKKE	24.46
2	NANDA	SRABANI	INDIA	24.63
3	JANET	WIENAND	MATIES	24.74
4	CARINA	HORN	TUKS	24.84
5	THANDI	VILIKAZI	UJ	25.08
6	CINDY	PETERS	UJ	25.18
7	MELISSA	HEWITT	PAARL	25.26
0	ALYSSA	CONLEY	UJ	DNR

Item	29	200m Men 1st Race	20:45	Wind=-0.4
1	HITJIVIRUE	KAANJUKA	NAMIBI	21.31
2	MOSITO	LEHATA	LESOTH	21.61
3	WAIDE	JOOSTE	UJ	21.71
4	BRENT	STEVENS	UWC	21.85
5	JAN	VAN STADEN	TUKS	22.15
6	MICHAEL	KOCH	RAINBO	22.16
7	JOHANNES	MOSALA	KOVSIE	22.61
0	PATRICK	VOSLOO	PUKKE	DNR

Item	30	200m Men 2nd Race	20:50	Wind=+0.8
1	SNYMAN	PRINSLOO	UJ	20.84
2	THUSO	MPUANG	KOVSIE	20.85
3	SIMON	MAGAKWE	PUKKE	20.93
4	ISAAK	VAN WYK	TUKS	21.12
5	HANNES	DREYER	TUKS	21.13
6	TALKMORE	NYONGANI	ZIMBAB	21.20
7	OSCAR	PISTORIUS	TUKS	21.41
8	SERGIO	MULLINS	UWC	21.51

Item	29&30	200m Men	Combined Results
1	SNYMAN	PRINSLOO	UJ 20.84
2	THUSO	MPUANG	KOVSIE 20.85
3	SIMON	MAGAKWE	PUKKE 20.93
4	ISAAK	VAN WYK	TUKS 21.12
5	HANNES	DREYER	TUKS 21.13
6	TALKMORE	NYONGANI	ZIMBAB 21.20
7	HITJIVIRUE	KAANJUKA	NAMIBI 21.31
8	OSCAR	PISTORIUS	TUKS 21.41
9	SERGIO	MULLINS	UWC 21.51
10	MOSITO	LEHATA	LESOTH 21.61
11	WAIDE	JOOSTE	UJ 21.71
12	BRENT	STEVENS	UWC 21.85
13	JAN	VAN STADEN	TUKS 22.15
14	MICHAEL	KOCH	RAINBO 22.16
15	JOHANNES	MOSALA	KOVSIE 22.61
0	PATRICK	VOSLOO	PUKKE DNR

Item	31	800m Men 2nd Race	21:00
1	WINDY	JONAS	KOVSIE 1:47.39
2	RUBEN	RAMOLEFI	INDIV 1:47.95
3	SAMSON	NGOEPE	NEL AC 1:48.15
4	ETTIENNE	PLAATJIES	PUKKE 1:48.22
5	ADRIAAN	VAN WYK	TUKS 1:49.09
6	HENK	BEUKES	UJ 1:49.53
7	NATHAN	BEUKES	MATIES 1:50.78

8	HANNES	NAUDE	KOVSIE	1:50.83
9	JERRY	MOTSAU	RENTM	1:51.30
10	JAN	MASENAMELA	NEL AC	1:51.72
11	DANIEL	NGHIPANDULWA	NAMIBI	1:52.67
12	ZWELAKHE	SEBOTO	PUKKE	1:53.10
13	LEFU	LEPHOTO	TSKANE	1:53.55
0	DANIEL	LAGAMANG	BOTS	NRA
0	SAJEESH	JOSEPH	INDIA	NRA
0	JUAN	BLOEM	TUKS	NRA

	Item	7&31 800m Men	Combined Results	
1		WINDY	JONAS	KOVSIE 1:47.39
2		RUBEN	RAMOLEFI	INDIV 1:47.95
3		SAMSON	NGOEPE	NEL AC 1:48.15
4		ETTIENNE	PLAATJIES	PUKKE 1:48.22
5		ADRIAAN	VAN WYK	TUKS 1:49.09
6		HENK	BEUKES	UJ 1:49.53
7		NATHAN	BEUKES	MATIES 1:50.78
8		HANNES	NAUDE	KOVSIE 1:50.83
9		JERRY	MOTSAU	RENTM 1:51.30
10		PHARSON	MAGAGANE	LIMP 1:51.66
11		JAN	MASENAMELA	NEL AC 1:51.72
12		WILLIAM	MOTSOHOLA	KOVSIE 1:51.79
13		BRAD	BONNER	TUKS 1:51.85
14		RATLALE	MOKONE	KOVSIE 1:52.39
15		DANIEL	NGHIPANDULWA	NAMIBI 1:52.67
16		ZWELAKHE	SEBOTO	PUKKE 1:53.10
17		LEFU	LEPHOTO	TSKANE 1:53.55
18		RYNHARDY	VAN RENSBURG	GREY 1:54.53
19		ANDREW	LEEU	UJ 1:54.92
20		ANDREW	ROODT	TUKS 1:55.18
21		MARCO	BUCCARAZZI	WITS 1:55.32
22		RUDOLF	COETZER	UJ 1:55.36
23		BANQOHILE	ZULU	PUKKE 1:55.65
24		ZWELAKHE	SEBOTO	PUKKE 1:57.34
25		WERNER	DU TOIT	UJ 1:57.97
0		PHORISO	RATSELA	TAKEIT DNR
0		THUSO	PHASWANA	UJ NRA
0		DANIEL	LAGAMANG	BOTS NRA
0		SAJEESH	JOSEPH	INDIA NRA
0		JUAN	BLOEM	TUKS NRA