



**YELLOW PAGES SERIES I**  
**XEROX NMMU Stadium**  
**Nelson Mandela Bay**  
**Friday, 19 February 2010**



**Results**

Place	First Name	Surname	Team	Perf	Wind
	<b>Item</b>	<b>1 5000m Women</b>	<b>18:00</b>		
1	LEBO	PHALULA	UJ	15:48.45	
2	LEBOGANG	PHALULA	UJ	16:06.14	
3	IRVETTE	VAN BLERK	NED AC	16:26.13	
4	NTOMBESINTU	NTSHILIZA	MR.PR	16:37.30	
5	RONEL	THOMAS	BOXER	16:46.82	
6	CATHERINE	SKOSANA	TRANSN	16:57.30	
7	MARELISE	RETIEF	NED AC	17:04.25	
8	DELIWE	NYANGA	NED AC	18:06.17	
0	KHATALA	NEHENG	LESOTH	DNF	
	<b>Item</b>	<b>2 Discus Men</b>	<b>18:00</b>		
1	VICTOR	HOGAN	MATIES	58.30	
2	DEAN	WATTRUS	PUKKE	52.96	
3	DEWALD	VAN HEERDEN	UJ	52.94	
4	JAMES	SINCLAIR	SASOL	52.86	
5	BURGER	LAMBRECHTS	TUKS	50.72	
6	RUSSEL	TUCKER	TUKS	48.79	
7	DWAYNE	STRYDOM	LONDT	34.91	
0	ORAZIO	CREMONA	TUKS	DNR	
	<b>Item</b>	<b>3 Pole Vault Women</b>	<b>18:00</b>		
1	DEONE	JOUBERT	UJ	3.70	
2	IKUKO-NISHIKORI	CREIGHTON	UJ	3.70	
3	EVA	THORNTON	NMMU	3.55	
4	MONIQUE	J VAN NOORDWYK	MATIES	3.40	
5	JEANNIE	VAN DYK	NMMU	3.25	
6	MANDI	MARITZ	NMMU	3.10	
0	HONORATA	SAAR	TUKS	NRA	
	<b>Item</b>	<b>4 Long Jump Men</b>	<b>18:00</b>		
1	KEENAN	WATSON	UWC	7.54	+2.4
2	ZAARCK	VISSER	UJ	7.41	+0.4
3	JASON	KAROLISIN	NMMU	7.25	+1.9
4	ETHAN	ALEXANDER	NMMU	7.17	+0.5
5	DYLAN	COTTER	UJ	7.07	+1.5
0	LETHEMBA	DAYULE	NMMU	NRA	
	<b>Item</b>	<b>5 3000m SC Women</b>	<b>18:25</b>		
1	TEBOGO	MASEHLA	TRANSN	10:10.14	
2	MYRETTE	FILMALTER	TUKS	10:31.51	
3	NOLENE	CONRAD	UJ	10:47.01	
4	CHRISTINE	KALMER	TUKS	11:01.17	
5	DESTINY	TITUS	UWC	11:44.27	
0	PULANE	MOSOME	UJ	DNF	

<b>Item</b>	<b>6 400m Women</b>		<b>18:50</b>		
1	TJIPEKAPORA	HERUNGA	NAM	54.49	
2	ALET	VAN WYK	TUKS	55.62	
3	EUGENIE	WICKSELL	TUKS	55.63	
4	LIZE	STEYN	FRAMES	56.10	
5	WENDA	THERON	TUKS	56.12	
6	LEA	STEYN	FRAMES	57.63	
7	CARLA	JANSEN	NMMU	59.34	
8	ANNICA	COETZEE	NMMU	59.70	

<b>Item</b>	<b>7 100m Women</b>		<b>19:00</b>		<b>Wind=-2.5</b>
1	CINDY	STEWART	NMMU	12.06	
2	THANDIWE	VILAKAZI	UJ	12.45	
3	TASQUANE	HUFKIE	NMMU	12.50	
4	CHRISTY	COETZEE	TUKS	12.51	
5	ZASKIA	STRUWIG	NMMU	12.87	
6	MARIANKA	BENADIE	FRAMES	13.01	
7	KEHLY	GORGONZOLA	NMMU	13.63	
8	NANDA	SRABANI	INDIA	15.42	

<b>Item</b>	<b>8 Discus Women</b>		<b>19:00</b>		
1	ELIZNA	NAUDE	TUKS	60.94	
2	MARYKE	OBERHOLZER	TUKS	52.92	
3	SIMONE	MEYER	CKS AC	47.48	
4	ISCHKE	SENEKAL	NMMU	42.78	
5	LAYLA	CAMPHER	NMMU	37.65	
0	SOMARI	ELS	FRAMES	DNR	

<b>Item</b>	<b>9 Long Jump Women</b>		<b>19:10</b>		
1	JANICE	JOSEPHS	MATIES	6.21	-0.7
2	PATIENCE	NTSHINGILA	PUKKE	5.97	-0.8
3	DELIA	SMITH	UJ	5.68	-1.0
4	MONJA	GOOSEN	TUKS	5.65	-1.0
5	CHRISTY	COETZEE	TUKS	5.61	-0.4
6	SELOANE	TSOALI	LESOTH	5.44	-0.7
7	ROCHELLE	VAN DER MERWE	NMMU	5.31	+0.5
8	AIDEN	BATTISON	COL HS	5.10	-0.7
0	KELLY	KINGWELL	UJ	NRA	

<b>Item</b>	<b>10 100m Men 1st Race</b>		<b>19:10</b>		<b>Wind=-2.1</b>
1	ANTONIO	BLOM	NMMU	10.95	
2	BRENDON	MINNIE	NMMU	11.08	
3	CHE	HARMSE	NMMU	11.28	
4	MOSITO	LEHATA	LESOTH	11.34	
5	JP	DESCHAMPS	UMF	11.55	
6	CHRISTIAN	SIMPSON	UMF	11.65	
0	ANDREW	KOCK	NMMU	DNR	
0	TSEKLA	MONITHI	LESOTH	DNR	

<b>Item</b>	<b>11 100m Men 2nd Race</b>		<b>19:20</b>		<b>Wind=-0.8</b>
1	LEIGH	JULIUS	NMMU	10.61	
2	THUSO	MPUANG	KOVSI	10.66	
3	ROSCOE	ENGEL	TYGER	10.77	
4	ISAAK	VAN WYK	TUKS	10.85	
5	HITIVIRUE	KAANJUKA	NAM	10.86	
6	WADE	JOOSTE	UJ	10.86	
7	THABO	MATHIBEDI	TUKS	10.98	
8	RUWALDO	JEGGELS	NMMU	11.13	

**Item 10&11 100m Men Combined Results**

1	LEIGH	JULIUS	NMMU	10.61
2	THUSO	MPUANG	KOVSIE	10.66
3	ROSCOE	ENGEL	TYGER	10.77
4	ISAAK	VAN WYK	TUKS	10.85
5	HITIVIRUE	KAANJUKA	NAM	10.86
6	WADE	JOOSTE	UJ	10.86
7	ANTONIO	BLOM	NMMU	10.95
8	THABO	MATHIBEDI	TUKS	10.98
9	BRENDON	MINNIE	NMMU	11.08
10	RUWALDO	JEGGELS	NMMU	11.13
11	CHE	HARMSE	NMMU	11.28
12	MOSITO	LEHATA	LESOTH	11.34
13	JP	DESCHAMPS	UMF	11.55
14	CHRISTIAN	SIMPSON	UMF	11.65
0	ANDREW	KOCK	NMMU	DNR
0	TSEKLA	MONITHI	LESOTH	DNR

<b>Item</b>	<b>12 Shot Put Men</b>		<b>19:25</b>	
1	ORAZIO	CREMONA	TUKS	19.29
2	BURGER	LAMBRECHTS	TUKS	19.20
3	ROELIE	POTGIETER	TUKS	18.76
4	JANUS	ROBERTS	MATIES	17.72
5	DEAN	WATTRUS	PUKKE	17.40
6	ROSS	JORDAAN	MATIES	17.14
7	RUSSEL	TUCKER	TUKS	15.26

<b>Item</b>	<b>13 3000m SC Men</b>		<b>19:35</b>	
1	EDWIN	MOLEPE	PUKKE	8:44.59
2	THUSO	PHASWANA	UJ	8:49.82
3	SIKHUMBUZO	SEME	TUKS	9:08.67
4	X	BONGOZA	MR.PR	9:13.30
5	Z	MABONGO	MR.PR	9:20.32
6	S	HONIE	MR.PR	9:25.35

<b>Item</b>	<b>14 Javelin Men</b>		<b>19:50</b>	
1	ROBERT	OOSTHUIZEN	MATIES	82.96
2	HARDUS	PIENAAR	IND	78.84
3	ULRICH	DAMON	PUKKE	72.80
4	TOBIE	HOLTZHAUSEN	PUKKE	69.05
5	BERNARD	CROUS	PUKKE	67.63
0	ETTIENNE-MORNE	GRASSMANN	DESPAT	DNR
0	CHAD	HERMANN	NMMU	DNR

<b>Item</b>	<b>15 400m Men</b>		<b>19:55</b>	
1	OFENTSE	MOGAWANE	RBAC	46.10
2	SHANE	VICTOR	DUT	47.35
3	SIDWELL	MITHI	UJ	48.42
4	JURGEN	BURGER	NMMU	49.59
5	KEVIN	BOTHA	NICO M	51.37
0	A	BARNARD	CILLIE	DNR
0	JP	DESCHAMPS	UMF	DNR
0	EMMANUEL	KAYODE	IND	DNF

<b>Item</b>	<b>16 5000m Men</b>		<b>20:05</b>	
1	TSHAMANO	SETONE	NED AC	13:25.51
2	ELROY	GELANT	PUKKE	13:25.88
3	STEPHEN	MOKOKA	NED AC	13:27.22
4	GLADWIN	MZAZI	VUT	13:32.09
5	LUNGISA	MDEDELWA	TRANSK	13:32.70
6	ISAAC	MBUYAZE	UJ	13:43.42
7	XOLISA	TYALI	NED AC	13:48.68

8	OLEBOGENG	MASIRE	GOLD	13:54.11
9	BOY	SOKE	KOVSIE	13:54.46
10	DUMISANE	HLASELO	KOVSIE	13:54.48
11	KGOSI	TSOSANE	NED AC	13:56.65
12	RAMOLIFI	MOTSIELOA	LESOTH	13:58.92
13	RODNEY	PRINS	MR.PR	13:59.01
14	SIBUSISO	NZIMA	POW AC	14:11.31
15	SIYABONGA	NKONDE	MR.PR	14:23.82
16	MANDISI	MFEKETHO	GGG	14:30.97
17	ZOLAN	NGQAQA	MR.PR	14:35.55
18	PHUMZILE	SIKAWUTI	NED AC	14:40.49
19	SIYABULELA	MTSHA	GGG	14:47.72
20	SANDILE	NGUNUZA	NED AC	15:05.21
21	JOBO	KHATOANE	LESOTH	15:31.81
22	LUYANDA	TSHANGANA	MR.PR	15:34.85
23	BULELANI	NIWA	PE AC	15:51.80
24	SINISIPHO	DIDISHE	KNYSNA	16:14.76
0	GEORGE	NTSHILIZA	NED AC	DNS
0	MONWABIS	MDODA	GGG	DNS
0	XOLA	BONGOZA	MR.PR	DNS
0	KHAYALETH	MAKALIMA	MR.PR	DNS
0	ZOLANI	MABONGO	MR.PR	DNS
0	VUSO	NKONZO	MR.PR	NRA

**Item 17 200m Women 20:30 Wind=+0.2**

1	CINDY	STEWART	NMMU	24.06
2	ARISTA	HEFER	PUKKE	24.99
3	WENDA	THERON	TUKS	25.15
4	TASQUANE	HUFKIE	NMMU	25.28
5	ALET	VAN WYK	TUKS	25.48
6	THANDIWE	VILAKAZI	UJ	25.68
7	ZASKIA	STRUWIG	NMMU	25.83
8	JOLANDA	LOUBSER	NMMU	26.50

**Item 18 200m Men 20:40 Wind=-0.1**

1	THUSO	MPUANG	KOVSIE	21.11
2	LEIGH	JULIUS	NMMU	21.28
3	ISAAK	VAN WYK	TUKS	21.32
4	BRENDON	MINNIE	NMMU	21.46
5	THABO	MATHIBEDI	TUKS	21.61
6	ROSCOE	ENGEL	TYGER	21.66
7	WADE	JOOSTE	UJ	22.01
0	ANTONIO	BLOM	NMMU	DNR

**Item 19 1 Mile Men 20:50**

1	WINDY	JONAS	KOVSIE	4:02.88
2	PHARSON	MAGAGANE	IND	4:04.65
3	DEAN	BRUMMER	PUKKE	4:07.50
4	MTHOMBISI	BALOYI	PUKKE	4:09.07
5	SAJEESH	JOSEPH	INDIA	4:10.34
6	MARC	BUCCARAZZI	WITS	4:11.39
7	DANIEL	NGHIPANDULWA	NAM	4:19.36
8	KHAYALETHU	MAKALIMA	MR.PR	4:22.89
9	MARINUS	JOHNSON	MR.PR	4:25.13
10	L	MDLUGWANA	PE AC	4:34.02
11	ANTONIO	SECONDS	NED AC	4:35.55
12	NJONGO	BABA	MR.PR	4:37.26
13	ZANDISILE	MPISANE	MR.PR	4:39.44