



**LOTTO SA 10km Championships**  
**Dal Josaphat Stadium, PAARL**  
**Saturday, 14 August 2010**



**CATEGORY AND TEAM RESULTS**

**FEMALE AGE GROUP: OPEN**

Place	Name	Last Name	No	Age	Category	Club	Time
1	IRVETTE	VAN BLERK	52	23	OPEN	CGA	33:15
2	ZINTLE	XINIWE	239	23	OPEN	WPA	33:19
3	THOZAMA	APRIL	133	24	OPEN	AGN	33:53
4	CHRISTINE	KALMER	53	24	OPEN	CGA	33:53
5	NOLENE	CONRAD	50	25	OPEN	CGA	34:36
6	MPHO	MABUZA	54	30	OPEN	CGA	34:44
7	TANITH	MAXWELL	224	34	OPEN	KZNA	34:45
8	ZINHLE	SINQE	136	20	OPEN	AGN	34:50
9	SYLVIA	TSHETLANE	74	17	15-19	CGA	34:58
10	NOMVUYISI	SETI	255	28	OPEN	WPA	35:23

**MALE AGE GROUP: OPEN**

Place	Name	Last Name	No	Age	Category	Club	Time
1	STEPHEN	MOKOKA	126	25	OPEN	AGN	28:23
2	LUNGISA	MDEDELWA	159	25	OPEN	ATRA	28:28
3	SIBUSISO	NZIMA	60	23	OPEN	CGA	28:29
4	LUCKY	MOHALE	57	24	OPEN	CGA	28:31
5	LINDIKHAYA	MTHANGANYI	183	31	OPEN	WPA	28:32
6	JEFFREY	GWEBU	58	29	OPEN	CGA	28:37
7	ENOCK	MANYANDI	61	21	OPEN	CGA	28:46
8	ZOLANI	NTONGANA	184	30	OPEN	WPA	28:51
9	BOY	SOKE	158	27	OPEN	AFS	29:00
10	SAMUEL	SEGOABA	157	27	OPEN	AFS	29:00

**FEMALE AGE GROUP: JUNIOR(15-19)**

Place	Name	Last Name	No	Age	Category	Club	Time
1	SYLVIA	TSHETLANE	74	17	15-19	CGA	34:58
2	NANDIPHA	DYWILI	123	18	15-19	AGN	35:40
3	DOMINIQUE	SCOTT	192	18	15-19	WPA	36:16
4	ASHLEIGH	SCHNETLER	76	19	15-19	CGA	36:43
5	JUAN-MARIE	COOPER	77	17	15-19	CGA	37:02
6	LETITIA	SAAYMAN	124	17	15-19	AGN	38:05
7	PUSELETSO	DLADLA	230	18	15-19	KZNA	38:12
8	MPUMELELO	MNYANDU	231	18	15-19	KZNA	38:15
9	MAMPHELO	SIBANDA	75	17	15-19	CGA	38:34
10	ASIPHE	SIKABALANJANA	193	19	15-19	WPA	38:42

## MALE AGE GROUP: JUNIOR(15-19)

Place	Name	Last Name	No	Age	Category	Club	Time
1	THOBANE	CHAGWE	228	19	15-19	KZNA	29:57
2	PETER	WILDERS	80	19	15-19	CGA	29:59
3	SIPHEMBELE	FANEKHO	163	19	15-19	ATRA	30:02
4	JEROMY	ANDREAS	202	18	15-19	WPA	30:07
5	REUBEN	MANGENGENENE	81	18	15-19	CGA	30:09
6	LUXOLO	MDZANGA	197	18	15-19	WPA	30:10
7	LUCAS	BOTHABUTLE	118	19	15-19	ACNW	30:19
8	JOEL	MONNE	117	19	15-19	ACNW	30:32
9	SITHEMBILE	DONDOLO	82	16	15-19	CGA	30:35
10	EDWIN	SESIPI	83	18	15-19	CGA	30:38

## FEMALE AGE GROUP: 40+

Place	Name	Last Name	No	Age	Category	Club	Time
1	TESSA	BURRELL	48	45	40-49	CGA	37:43
2	GRACE	DE OLIVIERA	232	49	40-49	KZNA	38:03
3	ELMARIE	COETZEE	250	46	40-49	WPA	38:34

## MALE AGE GROUP: 40+

Place	Name	Last Name	No	Age	Category	Club	Time
1	MLULEKI	NOBANDA	162	41	40-49	ATRA	30:27
2	GRAHAM	KATZEN	203	40	40-49	WPA	31:04
3	BHEKI	NENE	70	41	40-49	CGA	31:49

## FEMALE AGE GROUP: 50+

Place	Name	Last Name	No	Age	Category	Club	Time
1	OLGA	HOWARD	211	52	50-59	WPA	41:09
2	JOHANNA	CERONIO	103	53	50-59	AVT	41:33
3	MARETHA	DE KOCK	1178	50	50-59	ADIDAS	45:36

## MALE AGE GROUP: 50+

Place	Name	Last Name	No	Age	Category	Club	Time
1	VLADIMIR	KOTOV	181	52	50-59	WPA	32:08
2	CHARLES	VILAKAZI	68	50	50-59	CGA	33:06
3	JOHANNES	SEAKKGAMELA	69	50	50-59	CGA	33:58

## FEMALE AGE GROUP: 60+

Place	Name	Last Name	No	Age	Category	Club	Time
1	SONJA	LAXTON	47	62	60-69	CGA	42:39
2	ANN	WEEDEN	235	60	60-69	KZNA	44:18
3	VERONICA	VAN NIEKERK	38	64	60-69	BOLA	45:09

### MALE AGE GROUP: 60+

Place	Name	Last Name	No	Age	Category	Club	Time
1	AWIE	VELDSMAN	207	60	60-69	WPA	37:56
2	ALBERTUS	BOCK	244	64	60-69	WPA	37:58
3	DON	CHARLES	66	61	60-69	CGA	38:00

### FEMALE AGE GROUP: 70+

Place	Name	Last Name	No	Age	Category	Club	Time
1	MAGDALINE	JOHNSON	1190	73	70+	TYGER	01:13:54
2	JOYCE	ARCHER	967	71	70+	WHALERS	01:24:36

### MALE AGE GROUP: 70+

Place	Name	Last Name	No	Age	Category	Club	Time
1	DERMOTT	DEVINE	968	75	70+	VOB	01:01:40
2	RONALD	DAW	1111	73	70+	WCOAST	01:02:10
3	JOCHEN	VOLKEN	1161	71	70+	RWFLWP	01:15:33

### MALE TEAM RESULTS OPEN

#### 1. CGA 01:54:23

Name	Last Name	No.	Time
SIBUSISO	NZIMA	60	28:29
LUCKY	MOHALE	57	28:31
JEFFREY	GWEBU	58	28:37
ENOCK	MANYANDI	61	28:46
NTOBEKO	MTINTSO	65	(29:49)
PETER	WILDERS	80	(29:59)

#### 2. WPA 01:56:52

Name	Last Name	No.	Time
LINDIKHAYA	MTHANGANYI	183	28:32
ZOLANI	NTONGANA	184	28:51
NKOSINATHI	MADYO	187	29:22
JEROMY	ANDREAS	202	30:07
LUXOLO	MDZANGA	197	(30:10)
MTHANDAZO	QHINA	188	(30:15)

#### 3. AGN 01:58:38

Name	Last Name	No.	Time
STEPHEN	MOKOKA	126	28:23
BENEDICT	MOENG	129	29:20
NKULELEKO	ZAMISA	130	30:21
SIKHUMBUZO	SEME	131	30:34
FRANS	MAKOLA	128	(30:59)
JOEL	MADIBA	221	(31:42)

## FEMALE TEAM RESULTS OPEN

<b>1. CGA</b>		<b>02:16:28</b>	
<b>Name</b>	<b>Last Name</b>	<b>No.</b>	<b>Time</b>
IRVETTE	VAN BLERK	52	33:15
CHRISTINE	KALMER	53	33:53
NOLENE	CONRAD	50	34:36
MPHO	MABUZA	54	34:44
SYLVIA	TSHETLANE	74	(34:58)
ASHLEIGH	SCHNETLER	76	(36:43)

<b>2. AGN</b>		<b>02:20:18</b>	
<b>Name</b>	<b>Last Name</b>	<b>No.</b>	<b>Time</b>
THOZAMA	APRIL	133	33:53
ZINHLE	SINQE	136	34:50
NANDIPHA	DYWILI	123	35:40
CHARNE	BOSMAN	134	35:55
RONEL	THOMAS	132	(37:01)
LETITIA	SAAYMAN	124	(38:05)

<b>3. WPA</b>		<b>02:21:45</b>	
<b>Name</b>	<b>Last Name</b>	<b>No.</b>	<b>Time</b>
ZINTLE	XINIWE	239	33:19
NOMVUYISI	SETI	255	35:23
DOMINIQUE	SCOTT	192	36:16
BULELWA	MTSHAGI	238	36:47
ULRICA	STANDER	241	(37:31)
ASIPHE	SIKABALANJANA	193	(38:42)

## MALE TEAM RESULTS 40+

<b>1. WPA</b>		<b>01:36:13</b>	
<b>Name</b>	<b>Last Name</b>	<b>No.</b>	<b>Time</b>
GRAHAM	KATZEN	203	31:04
VLADIMIR	KOTOV	181	32:08
SHAUN	ABRAHAMS	204	33:01
RAYMOND	HOWARD	182	(34:30)
GREGORY	JACOB	180	(36:57)

<b>2. CGA</b>		<b>01:36:21</b>	
<b>Name</b>	<b>Last Name</b>	<b>No.</b>	<b>Time</b>
BHEKI	NENE	70	31:49
ELGIN	MOKALE	72	31:56
LAWRENCE	CHIPANGAAN	71	32:36
CHARLES	VILAKAZI	68	(33:06)
JOHANNES	SEAKKGAMELA	69	(33:58)

<b>3. BOLA</b>		<b>01:42:57</b>	
<b>Name</b>	<b>Last Name</b>	<b>No.</b>	<b>Time</b>
IVAN	REYNECKE	45	33:27
SOLLY	PHILANDER	41	34:31
CHRISTO	LABAN	44	34:59

THOMAS	MOSES	42	(35:51)
KOSIE	BOTHA	43	(38:02)

**4. EPA 01:48:04**

Name	Last Name	No.	Time
MABOYISANA	MAZWAYI	93	32:29
CHRISTOPHER	MABENGEZA	94	35:20
HANNES	ELS	90	40:15

**FEMALE TEAM RESULTS 40+**

**1. WPA 01:56:38**

Name	Last Name	No.	Time
ELMARIE	COETZEE	250	38:34
CHERYL	DE LANGE	252	38:40
ESTER	BRINK	254	39:24
URSULA	FRANS	251	(40:22)
OLGA	HOWARD	211	(41:09)
MARIETHA	HERBERT	178	(48:51)

**2. KZNA 02:01:19**

Name	Last Name	No.	Time
GRACE	DE OLIVIERA	232	38:03
LISE	MUCHNA	233	38:58
ANN	WEEDEN	235	44:18