



YELLOW PAGES SERIES 2



DURBAN

26 FEBRUARY 2010

TIMETABLE

Event No	Time	Event	Gender	Status
1	17:15	10000m Walk	Men	
2	17:15	Hammer Throw	Women	
3	17:45	Triple Jump	Men	
4	18:15	Hammer Throw	Men	
5	18:25	100 Metres	Women	
6	18:35	100 Metres	Men	1 st Race Time Placing
7	18:45	100 Metres	Men	2 nd Race Time Placing
8	18:45	Long Jump	Women	
9	18:55	400 Metres	Women	A Event
10	19:05	3000 m Steeplechase	Men	
11	19:25	Discus	Women	A Event
12	19:25	1500 Metres	Women	A Event
13	19:40	400 Metres	Men	
14	19:45	Long Jump	Men	A Event
15	19:55	200 Metres	Men	A Event 1 st Race Time Placing
16	20:05	200 Metres	Women	
17	20:15	200 Metres	Men	A Event 2 nd Race Time Placing
18	20:25	1500 Metres	Men	A Event
19	20:40	400m Hurdles	Men	A Event